

## COVID-19 TRAVEL GUIDE 2021/2022 (Version 19-01-2022)

***Please review all the information below in advance of your trip as there are important steps that need to be completed before you travel.***

**ARRIVING INTO CANADA****Overview**

You will need the following before entering **Canada**:-

1. Double vaccination with the latest dose administered at least 14-days before departure
2. Negative PCR test taken 72hrs before plane departure OR proof of positive test (11 to 180 days pre-arrival)
3. Completed ArriveCAN form within 72hrs of your departure
4. **NEW** Canada arrival PCR test (this is organised and provided for by the Canadian government)

**(1) Double Vaccinated**

Canada is only allowing entry to international travellers who have been double vaccinated at least 14 whole days before you travel. Proof will be required at the border. Check which vaccines are accepted here:

<https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada#determine-fully>. For UK guests, the [NHS COVID Pass](#) can be used as proof of vaccine.

**(2) PCR Test to Travel**

Everyone flying to Canada must:

EITHER take a **PCR test within 72 hours of the scheduled departure time of your flight to Canada**

OR provide **proof of a positive COVID infection** between 11 and 180 days before your arrival in Canada. Airlines will refuse boarding to travellers who are unable to provide proof of either. NB Antigen and lateral flow tests will not be accepted.

**(3) ArriveCAN**

Before you depart to Canada you must fill out the ArriveCAN form **within 72hrs before arrival** in Canada. On this form, you will need to submit proof of double vaccination, proof of your negative PCR covid test, and a quarantine plan\*. You can access ArriveCAN via the web or via an Apple or Android app <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/arrivecan.html>

\*Our detailed guide to completing the ArriveCAN app is here: <https://www.purepowder.com/arrivecan>

**(4) Canada Arrival PCR Test**

The Canadian government announced that all passengers arriving in Canada (except those who can provide proof of a positive COVID infection between 10 and 180 days ago) will be required to take a PCR test on arrival. These tests do not need to be pre-booked as the test is organised by the Canadian Government and performed in the airport. Currently, these tests are happening on a random basis as the testing capacity is being increased. Passengers will be able to continue to their destination (via air or road) whilst awaiting test results and so we believe these tests will have minimal impact on your travel plans. To speed up the testing process you can register with the relevant ENTRY POINT testing provider here: <https://travel.gc.ca/travel-covid/travel-restrictions/arrival-testing-providers>

## **RETURNING TO THE UK**

### **Overview**

You will need the following before returning to the **UK**:

1. To pre-order an arrival Lateral Flow test to be taken within 2 days of your arrival into the UK
2. To complete a passenger locator form

### **(1) Arrival Lateral Flow Test**

On returning to the UK, you must take a lateral flow test on arrival into the UK (or within 2 days). You will need to **pre-order** your arrival test as you will need your order number for the passenger locator form (see below). This must be a test provided by one of the suppliers on the Government's approved list <https://www.gov.uk/find-travel-test-provider>.

### **(2) Passenger Locator Form**

You must complete a passenger locator form online before you arrive in the UK. You can submit the form any time in the 48 hours before you arrive in the UK. You'll need to show your form when you check-in. You can access the form here: <https://www.gov.uk/provide-journey-contact-details-before-travel-uk>

*If you are not travelling back to the UK, please check the entry requirements of the country you are returning to or contact us for guidance.*

***Please note that this guide has been compiled with the latest available information at the time of publication and guidance can change at any time. Before you travel, please double-check the current guidance and how this relates to your own personal circumstances as we cannot be held responsible for any issues.***

***The latest version of this document can be found at: [www.purepowder.com/covidtravelguide](http://www.purepowder.com/covidtravelguide)***